



Pen & Voice Workshops are designed for adults working in a variety of industries. Authoring Action facilitators use the power of storytelling to help participants become aware of what each person brings from his or her personal experience that informs and impacts one's approach to work and life. This training is especially powerful and beneficial for individuals who are caregivers, work on a team, work with youth, or otherwise work in a personal service capacity.



## OUR DIRECTORS

### **Lynn Rhoades, M.Div.**

Co-Founder & Executive Director

Along with administration, program development and vocal coaching, Rhoades provides emotional and spiritual support for teens and their families. Rhoades is driven by her love of performance art, passion for the well-being of young people and commitment to social justice.

336-749-1317 | [lynnrhoades@msn.com](mailto:lynnrhoades@msn.com)

### **Nathan Ross Freeman**

Co-Founder & Artistic Director

Freeman provides program development, oversight, and artistic direction. As innovator of Authoring Action's signature writing process, his passion for work with young people merges with his love for creative writing, filmmaking and impact communication.

336-995-2119 | [nfreeman@msn.com](mailto:nfreeman@msn.com)

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[www.authoringaction.org](http://www.authoringaction.org)

Authoring Action

# Pen & Voice Workshops



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“It helps when you feel comfortable with someone. You trust them more with your personal information. I will strive to make my patients more comfortable with me instead of just asking my routine questions. When that patient walks up, they come with their story.”

*Pen & Voice Participant, Downtown Health Plaza*

### **What is the goal of Pen & Voice Workshops?**

Through the Pen & Voice process, we provide the environment and tools for people to increase their self awareness and sensitivity to what they bring to their workplace.

### **How are Pen & Voice Workshops beneficial to your organization?**

Pen & Voice workshops enhance relationships with the people you serve and create camaraderie among staff.

### **What do participants gain from Pen & Voice Workshops?**

The Pen & Voice process allows participants to gain clearer understandings of themselves, their own stories, and what they bring to the lives of the people they work with and serve.

### **How long do Pen & Voice Workshops last?**

Pen & Voice Workshops are usually half-day workshops with 25 or less participants in each workshop session.

**If your organization would like to have Authoring Action’s facilitators conduct a Pen & Voice workshop, please call 336-749-1317 or email [workshops@authoringaction.org](mailto:workshops@authoringaction.org).**



**Authoring Action is a nonprofit educational enrichment and outreach organization dedicated to developing young people as authors and advocates for social change. Our signature creative writing and spoken word methods offer youth the tools to discover their unique voices, explore and transform their lives, and become the positive change they want to see in the world.**

Authoring Action authors embrace language, public engagement and art as powerful tools to:

- Define and realize dreams
- Negotiate self-determined goals
- Develop cognitive, personal and social competencies
- Exercise civic influence
- Foster cross-cultural enrichment
- Effect social change